

# NEWSLETTER

Volume 2, Issue 1

*Healing with Care !*

May, 2017



Friends of  
**BURNS CENTRE**

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- Mr. Zahid Saeed

### Vice President:

- Mr. M. Farhan Hanif

### Treasurer / Co-Founder

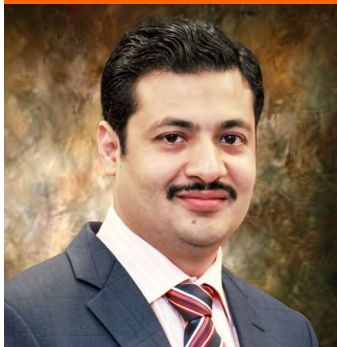
### Vice President:

- Ms. Arjumand Qazi

### Founding Executive Members

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- Ms. Arjumand Qazi
- Prof. Dr. Shaista Effendi
- Mr. Khalid Feroz
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## Message by Mr. Farhan Hanif (Vice President, Friends of Burns Centre)

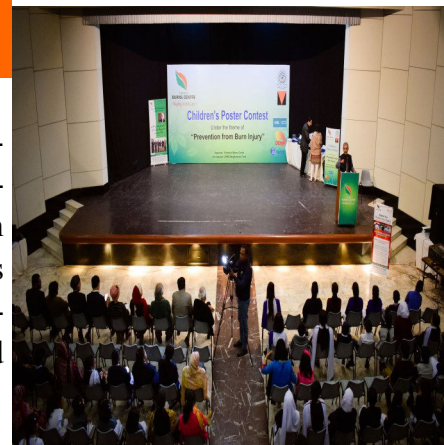


It has been a privilege to represent the Friends of Burns Centre as Vice President. I am pleased to present my thoughts and feelings about this organization. I feel really honored and blessed to be a part of this

organization and as a human being it is our responsibility to help each other, especially those who face difficulty and are unable to afford basic necessities. It is a blessing to be a part of this noble cause that serves humanity. I take this platform as an opportunity to spread the message of humanity, love and kindness across Pakistan. Burns Centre is a place where every patient is treated equally. Any patient who cannot afford the treatment of burns and bruises are treated with special care by the faculty. Donors, philanthropist and CSR corporates are welcome to visit the facility and witness the special treatment given to patients admitted at Burns Centre. It is a major project which has become successful due to the efforts of the whole management. I pray to Almighty Allah to bless people who are directly and indirectly involved in the betterment of Burns Centre and are dedicated and devoted to help people across the Pakistan. I wish all the very best to the management especially Mr. Zahid Saeed, Madam Arjumand Qazi, Mr. Abdullah Feroz and Mr. Azmat Ataka and pray for this centre's consistency and success!

## Installation of Lift:

We are thankful to Faysal Bank for donating the much needed patients' elevator. We can now transfer our patients easily from the ICU to operation theater and from the emergency room to the wards as they go daily for physiotherapy. This lift will also enhance the efficiency as patients will be transferred into their respective places without any hurdles.



The "Children Poster Contest" was held in January, 16, 2016 at Rangoonwala Community Centre. 17 schools participated in this event. It created awareness among the masses on how to prevent themselves from burn injuries. It was also one of the objective of "Friends of Burns centre" to promote awareness because as we study the individual burn cases we have got to know that almost all the causes of the burn injuries are mistakes due to lack of knowledge, lack of information and lack of proper education and training. This first event would really help us in saving many precious lives. We also want to launch prevention, campaigns regarding burn injuries that can help to control burn injuries but this can not be possible without your support. We request you all to join hands with Friends of Burns Centre to serve this noble cause.

**"Whoever saves life of one person , It is as if has saved the entire Humanity."**

## Some Burn Cases:

### 1st Case:

Dua, a 6 year old girl was admitted in our Burns Centre on January, 28, 2017 with 39% fire burn. Dua had gone outside to play with her friends and they all started kindling fire in the woods so they could warm up their bodies. Unfortunately, fire caught on her clothes from which she got severely burned.

Initially her parents took her to a private clinic in Dadu, where she was treated by doctors but her condition got worse there. After 5 days her family decided to move her to Burns Centre-CHK. Our staff, with their dedicated work bought her back from the brink. Now she is stable and under treatment at our Burns Centre. She was operated upon multiple times and grafted to get the best result.



### 2nd Case:

Kausar Muhammad Sajjad, a 19 year's old female was admitted in our Burns Centre with 59% fire burn. She burnt herself with kerosene oil because she was having some conflicts with her husband. In burns centre our doctors not only treated her but also gave her guidance and counseling. After numerous sessions at the Burns Centre Kausar recovered and she is now doing amazingly well both mentally and physically.



**Name: Ms . Farzana**

**Age: 42**

**Designation: Pediatric Aya**

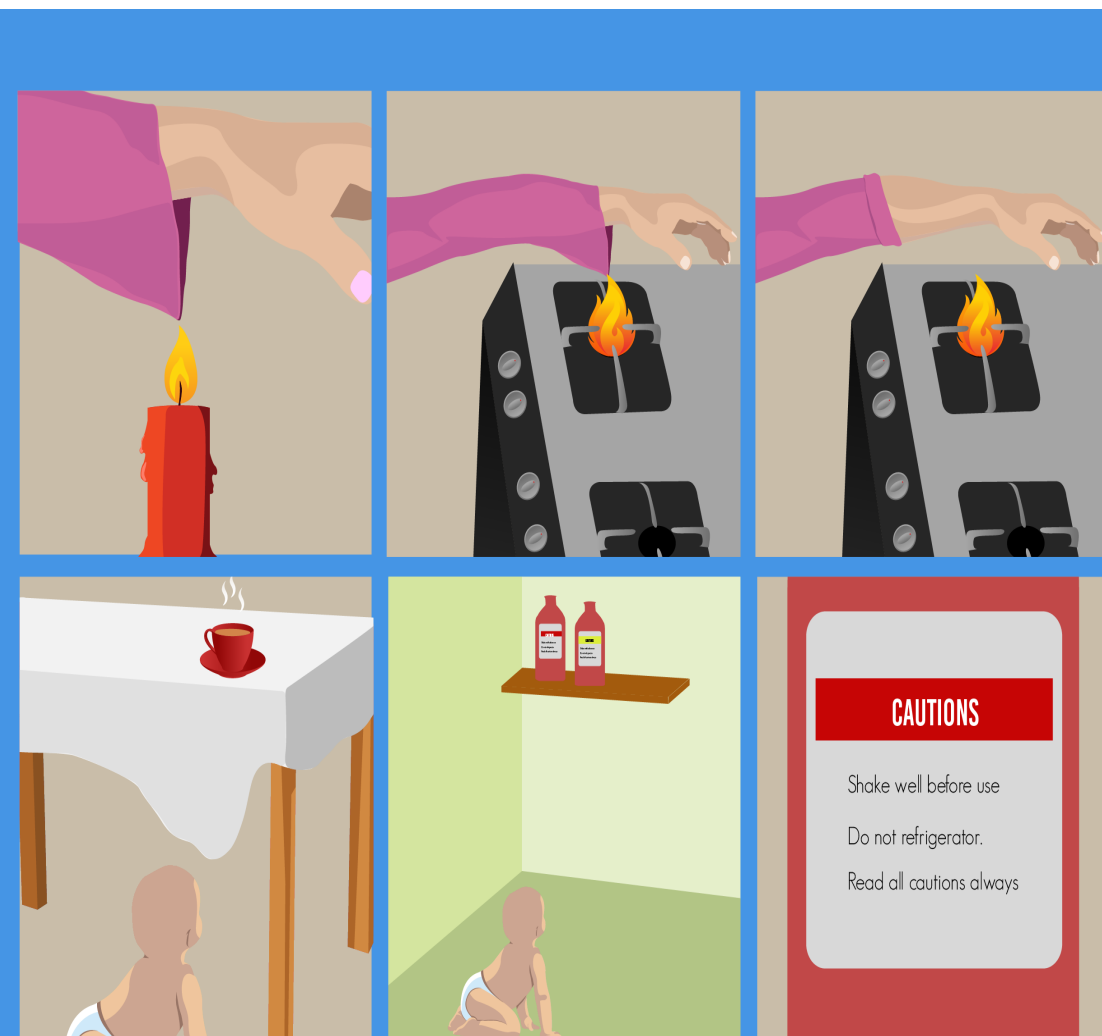
**Time Period: 9 yeras**

### Staff Focus :

I can confidently say that, Burns Centre gives me the reason to live and prosper in my life. I was admitted as the patient in the Burns Centre. It all started 8.5 years ago when my husband burnt me and I was taken to Burns Centre for treatment. I had 39% burns all over and my wounds were very deep. It took 5 months to recover and my husband left me in my hour of need the wonderful people of Burns Centre were there for me. They not only helped me recover but Friends of Burns Centre also provided me job here after my complete recovery. Now I am performing my duties at the Paediatric ward and I really cherish working here as every one at burns centre is just like family. Being a burn victim and working in Burns Centre and to everyone going through a terrible time I would say "never lose hope"



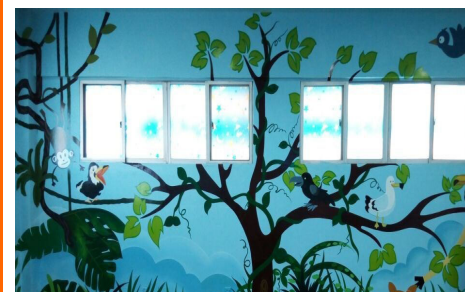
- Keep clothing from coming into contact with an open flame or heating equipment.
- Reaching over the stove cause garments to catch fire, especially the sleeves of a loose kameez, dupattas and saris.
- Avoid wearing flowing clothing while cooking and wear snug fitting or short-sleeved clothing.
- Use an elastic band to hold long or loose sleeves out of the way. Slide the sleeve cuff up to the elbow.
- Turn off the heat or gas before reaching over the stove.
- Keep children away from the stove, turn panhandles in, and cook on the rear burners when possible.
- If your sleeve should catch on fire, immediately cover the burning material with a potholder, mitt or towel, go to the sink and run cold water to put out the fire and cool the burn.
- Keep hot foods and drinks away from the edge of counters and tables. Don't set hot items on tablecloths because children can pull on the cloth and burn themselves.
- Don't hold a child and a hot object at the same time.
- Do not allow children to use the microwave without supervision. Children may not realize which dishes or containers are "microwave safe." Some plastics or paper can be overheated in a microwave and catch on fire.
- Steam burns to the face and hands are possible if the pressure cookers or dish is opened too early. After your dish is cooked, wait a short while for it to cool.
- Store all detergents, cleaning agents, bleach and other chemicals out of children's reach or in a locked cabinet.
- Before purchasing any household chemicals, read the contents label and the "caution" statement on the package.



### News:



We are thankful to Ms. Adeela Suleman, Head of Department of Fine Art at the Indus Valley School of Art and Architecture and Coordinator at VaslArtists Collective, Karachi for sending Phool G and his team for the designing and painting of Pediatric ward.





- Great Effort. I can feel the hardship of the whole team for Burnt effected people. JazakAllah. **Ms. Bushra Ansari, re-nowned actress.**

- Congratulations to Dr. Ali Adnan ( Plastic Surgeon) on his wedding. We wish good luck for his new journey.
- Congratulations to Mr. Iqbal-ud-Uddin (Operation Theater Technician) on the birth of his baby boy.
- Our heartfelt condolences go out for the family of Ms. Rasheeda (Staff Nurse) on her sudden death and we pay tribute to her for the services she provided to patients at the Burns Centre.
- Congratulations to Mr. Ghous Ali Shah (Pediatric I.C.U technician) for his engagement.

## Major Supporters:



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## Friends of Burns Centre

Phone: 92-21-32715475, 99215740 Ext. 3183  
Mobile: 0344-3333004 E-mail: fobc.rd@gmail.com

[www.burnscentre.org](http://www.burnscentre.org)