



Friends of
BURNS CENTRE
NEWSLETTER

HEALING WITH CARE!

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SUCCESS STORY



Mr. Sufiyan Khan – 18 year old Naat Khawa, who survived a gruesome homicidal acid attack by his competitor due to jealousy as he got 2nd Position in Naat Competition while Sufiyan got 1st Position. He got affected on the forehead, both ears and whole trunk which were completely damaged. After this horrifying incident he was immediately shifted to the Burns Centre on 7th October, 2021, for treatment. The duration of the treatment and hospitalization at Burns Centre was 3 months in the Male Ward. After several procedures and debridement of skin he was discharged from the hospital on 29th December, 2021. Now he visits the Burns Centre fortnightly for regular check-up and physiotherapy sessions.



The incident he suffered could not beat the braveness and morale of Sufiyan. He is now continuing with his job and also recites Naat with his heart touching voice. He also got the 1st Position in a "Naat Competition" which was held in the Government Boys Secondary School, North Karachi.



"Hospital's services are very good. Doctors are regularly available. Hospital is maintained very neatly". - Patient Sufiyan Khan

AWARENESS PROMOTION CAMPAIGN

After analyzing the individual burn cases we have got to know that almost all the causes of the burn injuries are mistakes due to **'lack of knowledge'**, **'lack of information'** and **'lack of proper education and training'**. If proper information on **'Burns'** would have been given, many precious lives could have been saved.

To minimize the number of burn incidents and burn victims it is urgently required to enhance awareness on **'Burns are preventable'** among masses.

For this purpose, FOBC provides awareness promotion sessions for all the age group of people throughout the year about **'Prevention from Burns Injury & First Aid'**.

Requesting for arranging awareness promotion sessions please feel free to contact;
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WWW.BURNSCENTRE.ORG

17 years *Healing with Care!*



RECENTLY FRIENDS OF BURNS CENTRE ORGANIZED AWARENESS PROMOTION SESSIONS AS FOLLOWS:



1) INTERNATIONAL SCHOOL OF EDUCATION

An Awareness Session on 'Prevention from Burns Injury & First Aid' was arranged for the students of International School of Education – Gulshan-e-Iqbal Campus on 15th December, 2021 which was conducted by Dr. M. Ali Adnan – Consultant Plastic Surgeon, Friends of Burns Centre.

2) AL HUDA INTERNATIONAL WELFARE FOUNDATION

Dr. M. Ali Adnan – Consultant Plastic Surgeon, Friends of Burns Centre conducted a session on Prevention from Burns & First Aid' for the students of Al Huda International Welfare Foundation on 21st December 2021. This session was also arranged on Zoom so that maximum number of people could easily watch the session.



3) HOT FM-105

Radio reaches a wider audience than any other medium, and is accessible to people who are otherwise isolated by geography, conflict, illiteracy or poverty. It plays a significant role in spreading information and raising awareness.

A one-hour awareness session was conducted by Dr. M. Ali Adnan – Consultant Plastic Surgeon, Friends of Burns Centre on HOTFM-105 on 21st December 2021.

4) PAKISTAN STATE OIL



Pakistan State Oil (PSO) CSR and HSE Department jointly organized awareness sessions on 'Prevention on Burns Injury & First Aid' for their technical staff in collaboration with Friends of Burns Centre. These sessions were conducted at PSO Zulfiqar Oil Terminal (ZOT), Port Qasim and PSO Lubricants Manufacturing Terminal (LMT), Korangi Industrial Area. A large number of people attended these awareness sessions and also had Question & Answer sessions with Dr. M. Ali Adnan – Consultant Plastic Surgeon, Friends of Burns Centre.

VISITORS GALLERY



Students of Bahria University – Karachi Campus visited Burns Centre under the supervision of Ms. Sumaira Ajmal – Assistant Manager (CSP) to spend some time with the burns' patients. They also praised Friends of Burns Centre for providing excellent services 100% Free of Charge to Burns Patients / Victims. They showed their large-heartedness in helping FOBC to pursue its aims and objectives by offering volunteers from Bahria University.



A delegation from Oil & Gas Development Company (OGDCL) visited Burns Centre and expressed their interest to support Friends of Burns Centre through their Corporate Social Responsibility (CSR) Program.

TRAINING & DEVELOPMENT



Training is the process of enhancing the skills, capabilities and knowledge of employees for doing a particular job. Training process molds the thinking of employees and leads to quality performance of employees; it also includes information about their own and patients' safety practices.

A Two-day training session with hands on experience was arranged for the staff of the Burns Centre from 25th January to 26th January, 2022, on the topic '**Training of Health Providers on Infection Prevention & Control (IPC) Practices for Health Care Providers**'. Session was conducted by Jhpiego, an affiliate of Johns Hopkins University.

AWARENESS POST



DON'T! USE TOOTHPASTE

- Keep Burnt area under running water for 20 minutes.
- Apply Polyfax or Vaseline to create a barrier & cover up with clean bandage.



BURNS PATIENT NEED YOUR MOST URGENT HELP

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